

## Support Group Information for Adults

Agency Name:	Agency website:	Contact/Program:	Contact #	Contact information
Big Brothers Big Sisters of Middle TN	<a href="https://mentorakid.org/">https://mentorakid.org/</a>	Bryan Currie	615-329-9191	Bryan.Currie@mentorakid.org
Type of support: Big Brothers Big Sister of Middle TN offers a yearly group to parents that supports physical and mental well-being.				
Dream Streets	<a href="http://www.dreamstreetstn.com">www.dreamstreetstn.com</a>	Liz Loxley	615-942-5559, ext. 4	<a href="mailto:liz@dreamstreetstn.com">liz@dreamstreetstn.com</a>
Type of support: For single moms.				
Healing Minds and Souls	<a href="http://my-healing-center.com">my-healing-center.com</a>	Ella Clay	(615) 491-4101	<a href="mailto:eclay.hms@gmail.com">eclay.hms@gmail.com</a>
Type of Support: Educational classes and trauma healing classes as well as offer personal, housing, and food resources.				
Monroe Harding	<a href="http://monroeharding.org">monroeharding.org</a>	Emily Grohs	6153065316	<a href="mailto:emilygrohs@monroeharding.org">emilygrohs@monroeharding.org</a>
Types of Support: Employment and career coaching; parenting group; personal finance class; some mental health services coming soon.				
Nashville Anti Human Trafficking Coalition	<a href="http://nahtcoalition.org">nahtcoalition.org</a>	Christina Meadows	615-495-6035	<a href="mailto:Christina@nahtcoalition.org">Christina@nahtcoalition.org</a>
Type of support: Alcoholics Anonymous, Narcotics Anonymous, Adult Children of Alcoholics and Bible Study.				